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Stathis Gonos graduated from the University of Athens, Greece, obtained his Ph.D. at the University of Glasgow, U.K. and a Docent at the University of Orebro, Sweden. He worked at the Ludwig Institute for Cancer Research in London, U.K. and is now Director of Research at the National Hellenic Research Foundation/ICB. His research focuses on the genetic and environmental factors that are linked to human aging and longevity. He has published more than 130 research articles and holds patents that have resulted in the development of novel anti-aging products. He has organized, among others, the 2nd Euro-Conference on "Biological Aging", the 12th International Association of Biomedical Gerontology Congress and the IUBMB Focused Meeting on "Molecular Aspects of Aging and Longevity". He has been a "Senior expert" of E.U. in "Human development and the aging process", member of the Executive Committee of International Union of Biochemistry and Molecular Biology (IUBMB), Editor-in-Chief of "Mechanisms of Ageing & Development", Special Issues Associate Editor for IUBMB journals (-2020) and Editorial Board member of "Experimental Gerontology", "Free Radicals Research", "Redox Biology", "Ageing Research Reviews", "Gerontology", "Antioxidants", "Aging Cell" (-2007), "Biogerontology" (-2009) and "Molecular Aspects of Medicine" (-2016).